

## Dear Patient,

These instructions will help you to prepare the pen and perform the injection correctly.

### Please notice the following points:

- The REKOVELLE® pre-filled pen should only be used after training from your healthcare professional.
- You should always read the Instructions for Use leaflet provided with the REKOVELLE® pre-filled pen before using the pen.
- Always use a new pen needle for each injection.

If you have any further questions please contact your healthcare professional.



### User video

Our user video shows you how to use the pen – accessible **via the QR code** or the link [www.ferring-fertilitaet.de/anwendervideos](http://www.ferring-fertilitaet.de/anwendervideos)



### Please note:

This leaflet shows an example of a REKOVELLE® pre-filled pen with English labelling.

FERRING Arzneimittel GmbH  
Bereich Reproduktionsmedizin · Fabrikstraße 7 · 24103 Kiel  
Fon: 0431 - 58 52-0 · Fax: 0431 - 58 52-196  
E-Mail: [info-service@fering.de](mailto:info-service@fering.de) · Web: [www.ferring.de](http://www.ferring.de)

**FERRING**  
ARZNEIMITTEL

07100418

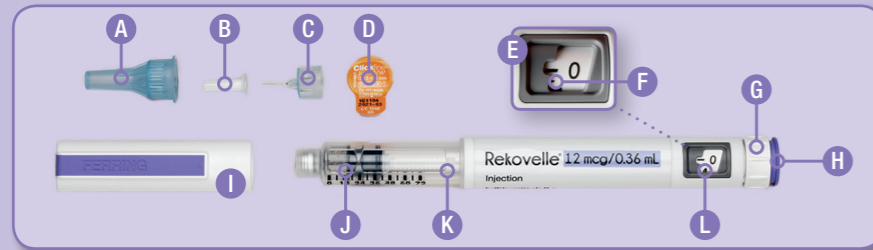
## Step-by-step- Instructions for the pre-filled pen



**FERRING** Instructions for Use  
with User Video

 **FERRING**  
Fertilität  
*Nah am Menschen.*

## REKOVELLE® pre-filled pen and its parts



- |                           |                                  |
|---------------------------|----------------------------------|
| <b>A</b> Outer needle cap | <b>G</b> Dose knob               |
| <b>B</b> Inner needle cap | <b>H</b> Injection button        |
| <b>C</b> Needle           | <b>I</b> Pen cap                 |
| <b>D</b> Protective foil  | <b>J</b> Cartridge with medicine |
| <b>E</b> Dose indicator   | <b>K</b> Cartridge holder        |
| <b>F</b> Dose scale       | <b>L</b> Dose display window     |

The REKOVELLE® pre-filled pen is available in three different dose sizes:

- 12 micrograms/0,36 ml
- 36 micrograms/1,08 ml
- 72 micrograms/2,16 ml

## Before using your REKOVELLE® pre-filled pen

- Clean and dry your hands.
- Check your REKOVELLE® pre-filled pen to make sure that it is not damaged. Do not use the pen if it has been dropped or hit against a hard surface.
- Check the pen cartridge to see that the medicine is clear and does not contain particles. Do not use a pen with particles or unclear medicine in the cartridge.
- Make sure you have the correct pen with correct dose size.
- Check the expiration date on the pen label.

## How to prepare the injection



### 1 Fitting a pen needle

Pull off the pen cap. Remove the protective foil from a new needle and screw, or click, the needle onto your pen. Remove the protective outer cap and inner needle cap from the needle. **Don't throw away the outer cap – you'll need it later!**



### 2 Priming the pen

**You must prime each new REKOVELLE® pre-filled pen before first use** to remove any air bubbles that may be in the cartridge; if you have already used your pen, proceed to Step 3 now. To prime a new pen, turn the dose knob until the droplet symbol lines up with the dose indicator.

Hold the REKOVELLE® pre-filled pen with the needle pointing upwards and gently tap the cartridge holder to remove trapped air.



Press the injection button all the way in until you see the number '0' lined up with the dose indicator and a droplet of liquid appears at the needle tip. If no droplet appears, repeat Step 2 until a droplet appears.



## How to perform the injection?

### 3 Selecting your dose and correcting dose selection

Turn the dose knob clockwise to the dose prescribed by your healthcare professional. Each line on the dose scale will change the dose by 0.33 micrograms. If you accidentally set the wrong dose, it is easily corrected by turning the dose knob in either direction until the correct dose lines up with the dose indicator.



### 4 Injecting your dose

To inject your dose, clean the injection site with an alcohol swab. Pinch a small amount of skin and insert the pen needle using the injection technique recommended by your healthcare professional with the dose window visible. Press the injection button all the way in and hold. When you see the number '0' lined up with the dose indicator, **wait for 5 seconds before releasing the injection button**. After 5 seconds, slowly remove the needle from the injection site.



### 5 Removing the pen needle

Remove the used needle from the pen by carefully reattaching the outer needle cap and unscrewing the needle. Dispose of the used needle carefully, as advised by your healthcare professional. Replace the pen cap onto the REKOVELLE® pen.



### Split-Dose Injections

If you are not able to set the full prescribed dose on your pen, this means there is not enough medicine left in the pen to give the full dose. You will need to give part of your prescribed dose using your current pen and the remainder of the dose using a new pen. To give a split dose, write down the dose that is left in your current pen and give the injection using the rest of the medicine that is left in that pen. Prepare and prime a new pen (Steps 1–2). Calculate and write down the remaining dose required to give the full prescribed dose. Inject the remaining dose of medicine required with your new pen (Steps 3–5).